

REALITY PISTOL 2 -
PUNCHES TO PISTOLS

Our RP2 is an advanced course focused on unarmed to armed combatives in a close quarter environment, bad breath range fighting as we like to call it. The course will introduce our core combative fighting skills by using full range sessions and high repetitions to allow the student to forge the correct technique. The course will progress to more challenging drills that will increase the student's shooting speed and combat accuracy. Feedback and critiques from our highly experienced cadre throughout the course provide instant feedback to the student on skill development, technique deficiencies and overall ability. The course will cover the following:

1. Situational and self-awareness
2. Dealing with the attack and creating space
3. Close Quarter Combatives
4. Target focus/point style shooting and grip
5. Fighting with the Pistol – Less Lethal to Lethal
6. Advanced Moving and Shooting
7. Overcoming and Winning while wounded
8. Advanced Positions and shooting from cover/Barricades
9. Dealing with malfunctions and reloads in a CQC environment
10. Real world striking and shooting
11. Dealing with multiple adversaries
12. Qualification

Equipment list: (Mandatory)

1. Pistol w/2-3 magazines
2. Holster and mag pouch (mag pouch optional)
3. 500 Rounds Pistol training ammunition
4. Groin protection (mouth guard recommended)
5. Weather appropriate clothing
6. Brimmed hat
7. Eye and hearing protection
8. Hydration
9. Bug spray/sunscreen